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ISLAND CAREGIVERS

ISLAND CAREGIVERS IS A MONTHLY NEWSLETTER CREATED FOR THE PERSONAL CARE AIDES OF SI HOMECARE AGENCY TO KEEP YOU INFORMED, EMPOWERED, AND ENCOURAGED TO PERFORM YOUR DUTIES WITH EXCELLENCE IN PROVIDING THE FILIPINO STANDARD OF CARE.

With us, you're not just a number... you're family!

After Audit Party



Jeff T. organized the team building event last July 31. It arose after two successful consecutive audits during mid July. Des L. named the event "AAP" meaning After Audit Party. All the time and effort devoted for the excruciating audits deserved a celebration for the whole team.

The outfit theme is cowboy because all of the Admins exemplify positive traits of cowboys and are very dependable in providing support to our field of workers.

Cowboy traits include:

- Courage
- The ability to finish what you started
- Having a positive, winning attitude when life gets hard



Summertime Stargazing

We asked one of our caregivers what her wish was...

I wish for everyone to be safe from the virus and those who suffer from it to all recover soon

MYRA J.

The 2021 Perseid Meteor Shower takes place on the peak mornings of August 11-13. Be sure to catch these meteors from midnight to dawn to see nice views and make hopeful wishes!

Welcome New Caregivers!



BRYAN F.

BHARRY F.

JUZELLE P.

CORAZON V.

ERLIE J.

JOSE I.

VICTOR C.

Caregivers are like angels without wings, helping us with so many things



AUGUST CELEBRANTS:

08 - JEAN L.

Famous Birthday Twin: Roger Federer

15 - ADDAMME H.

Famous Birthday Twin: Ben Affleck

15 - WENNA S.

Famous Birthday Twin: Jennifer Lawrence

24 - BRYAN F.

Famous Birthday Twin: Dave Chappelle

25 - CHERRY ROSE J.

Famous Birthday Twin: Rachael Ray

27 - ERLIE J.

Famous Birthday Twin: Tom Ford

31 - JOSETTE S.

Famous Birthday Twin: Richard Gere

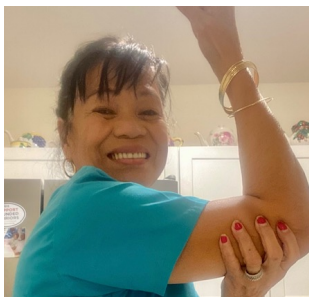


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Celebrate August 26th as Women's Equality Day!



MINDA L.



AUDREI D.



AMELIA B.

Celebrate Women's Equality Day by commemorating the important women in your life. This holiday celebrates the anniversary of women gaining the right to vote in 1920. In the health industry, there are many hard-working women who provide tireless efforts that emphasize the tender, loving care that is shown towards someone in need.

We Can Do It!



Chocolate Chip Cookie Day



August 4th is National Chocolate Chip Cookie Day. For seniors, this beloved American snack usually calls for copious amounts of sugar. However, Caregivers America published a healthy cookie recipe that only takes 10 minutes to prepare and 15 minutes to cook. This recipe is simple, sweet, and most importantly, senior-safe!

- ¾ cups rolled oats
- 1 cup whole wheat flour
- ½ teaspoon baking soda
- ½ teaspoon salt
- ¼ cup softened butter
- ¼ cup canola oil
- ⅓ cup granulated sugar
- ⅓ cup brown sugar
- 1 large egg
- 1 teaspoon vanilla extract
- 1 cup dark chocolate chips

Visit <https://caregiversamerica.com/recipe-of-the-week-healthy-chocolate-chip-cookies/> for full recipe



Our Fun



August symbolism indicates the need for positive energy as you face every new experience, particularly for caregiving tasks. We asked our caregivers: What is your "FUN" thing to do to get by?



**SINGING
MALOU A.**



**GARDENING
LUZ V.**



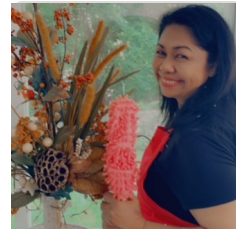
**READING
SUSAN S.**



**LISTENING
TO MUSIC
RENATO S.**



**COOKING
JONATHAN V.**



**CLEANING
MAY B.**



**DECORATING
CAKES
ROSE L.**



**WATCHING TV
SILCO P.**

